

How to Hold the Framework Lightly

The framework is best approached as a tentative reflection aid. It should never be imposed on a client or used to override culture, context, genuine danger, discrimination, grief, trauma, or lived experience.



Collaborative - Explored with the client, not applied to the client.



Tentative - Held as one possible lens, open to revision.



Client-led - The client may reject the language or the themes.



Context-aware - Real-world risk, culture, power, and social context matter.



Ethically bounded - Not a diagnosis, score, outcome claim, or treatment promise.